

# First Aid Merit Badge:

**This Merit Badge is Eagle Required**

Your Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Date Starting This Merit Badge: \_\_\_\_\_

Counselor's Name: \_\_\_\_\_

How to Contact Your Counselor: \_\_\_\_\_

**Note to the Scout and Merit Badge Counselor:**

**This set of worksheets is meant to facilitate earning this merit badge, but under no circumstances is it meant to be used in lieu of the appropriate BSA merit badge book.**

## Requirements revised on 01/01/98.

1. Satisfy your counselor that you have current knowledge of all first aid requirements for Tenderfoot, Second Class, and First Class ranks.

Verified by counselor: \_\_\_\_\_

2. Do the following:

- a. Explain how you would obtain emergency medical assistance from your home, on a wilderness camping trip, and during an activity on open water.

Explained to counselor: \_\_\_\_\_

- b. Prepare a first aid kit for your home. Display and discuss its contents with your counselor.

Discussed with counselor: \_\_\_\_\_

3. Do the following:

- a. Explain what action you should take for someone who shows signs of a heart attack.

Explained to counselor: \_\_\_\_\_

b. Identify the conditions that must exist before performing CPR on a person.

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c. Demonstrate proper technique in performing CPR using a training device approved by your counselor.

Demonstrated to counselor: \_\_\_\_\_

d. Show the steps that need to be taken for someone suffering from a severe laceration on the leg and on the wrist. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.

Shown and told to counselor: \_\_\_\_\_

e. Explain when a bee sting could be life threatening and what action should be taken for prevention for first aid.

Explained to counselor: \_\_\_\_\_

f. Explain the symptoms of heat stroke and what action needs to be taken for first aid and for prevention.

Explained to counselor: \_\_\_\_\_

4. Do the following:

a. Describe the signs of a broken bone. Show first aid procedures for handling fractures, including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials.

Described and shown to counselor: \_\_\_\_\_

b. Describe the symptoms and possible complications and demonstrate proper procedures for treating suspected injuries to the back, neck, and head. Explain what measures can be taken to reduce the possibility of further complicating these injuries.

Described and explained to counselor: \_\_\_\_\_

5. Describe the symptoms, proper first aid procedures, and possible prevention measures for the following conditions:

- a. Hypothermia
- b. Convulsions
- c. Frostbite
- d. Bruises, strains, sprains
- e. Burns
- f. Abdominal pain
- g. Broken, chipped, or loosened tooth
- h. Knocked out tooth
- i. Muscle cramps

6. Do the following:

- a. If a sick or injured person must be moved, tell how you would determine the best method.

Explained to counselor: \_\_\_\_\_

- b. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.

Completed: \_\_\_\_\_

7. Teach another Scout a first aid skill selected by your counselor.

Name of Scout taught first aid skill: \_\_\_\_\_

First aid skill taught: \_\_\_\_\_

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**In completing all requirements for this merit badge, I have completely read the appropriate BSA merit badge book, and discussed same with my counselor.**

\_\_\_\_\_  
**signed**

\_\_\_\_\_  
**date**